# CREATING A CO-PRODUCTION CULTURE

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## RESOURCES

#### 1. Age Better in Sheffield:

• <u>A) Blog: Co-Production Week 2020 - The Importance of Building a Co-Production</u> <u>Network</u>

This blog explains how co-production is more than just individuals, communities and organisations embracing the concept; it is about a wider network of people coming together and sharing learning

- **B)** Video: Creating a co-production culture, Age Better in Sheffield, 27-04-2021 This workshop recording is part of the Stronger Together festival of learning about coproduction with Ageing Better. During this workshop, Age Better in Sheffield and guest Dave Martin explore creating a culture of co-production.
- **C)** Video: Creating a co-production culture, Co-production Collective, 18-05-2021 This workshop recording is part of the Stronger Together festival of learning about coproduction with Ageing Better.During this workshop, Co-Production Collective share their four co-created values and discuss how these can be implemented in your own work.
- **D)** Video: Co-governance, Alan Carter, Age Better in Sheffield Core Partner This video explores what co-governance looks like within the Age Better in Sheffield programme, from the perspective of one of the Core Partners.

#### 2. Ageing Better in Camden:

- A) What makes groups welcoming for older people and why does it matter This report presents evidence from older people in Camden on how to make community groups as welcoming as possible, and what difference this makes.
- **B)** Video: Developing a warm welcome approach, 18-05-2021 This workshop recording is part of the Stronger Together festival of learning about coproduction with Ageing Better. During this workshop, Ageing Better in Camden share their Warm Welcome approach including how it was co-produced with members of their Older People's Advisory Group (OPAG).

#### 3. TED East Lindsey:

#### • Conference video: Not Just 'Bouncing Back' but Moving Forward

This video is a recording of the TED in East Lindsey Conference: Not Just 'Bouncing Back' but Moving Forward, held in July 2020. This conference was the first in a range of

learning sessions derived from the work and learning TED has collected over the 6 years of the Ageing Better in East Lindsey Project.

#### STORIES

#### 1. Ageing Better in Camden:

- A) <u>Blog: Capturing Ageing Better's Co-production Journey</u> A blog post describing some of the ways in which local older people have shaped the development of the Ageing Better in Camden partnership.
- B) <u>Blog: Viewing our people as valuable not vulnerable: How Camden are</u> <u>Coproducing in a Crisis</u>

Ageing Better in Camden share the different ways that members have come together to ensure that older people are well supported within their north London based communities. This support has developed into a wide-reaching member led network that highlights just what older people have to offer, squashing the notion that our older generation are vulnerable and proving just how valuable and resourceful older people really are.

• C) Older People's Advisory Group (OPAG) – Meet our members Stories from some of the members of the Older People's Advisory Group (OPAG), who

meet monthly to help shape the Ageing Better in Camden partnership.

#### • D) Letters from Lockdown

- 1. "I'm organising my mother's wartime letters. Many of their anxieties, hopes and fears relate closely to the way people in isolation and those missing loved ones are feeling today." By Nikki Haydon.
- 2. "Photo-walks and Instagram in my 'corona uniform." By Celia Cockburn.
- 3. "It is diaries of ordinary people as well as politicians and celebrities that produce our history." By Frances.
- 4. "This lockdown time has meant that I have learned some new digital skills." By Kate Harwood.
- 5. "We are writing and performing a weekly (Zoom) soap in lockdown." By Jim Mulligan.
- 6. "I indoctrinated myself to a plan to 'live with myself and by myself'." By Harriette.
- 7. "I live on my own and lead a fairly solitary existence, but I am far from lonely: on a normal week I would see a large number of people. That has of course changed." By Andrew Allaz.
- 8. "Any other blanket rule would have been dismissed immediately as unfair and discriminatory, but dealing this way with old people seemed to be acceptable." By Diana Scarrott.

- 9. "COVID Spring a poem." By Ags Irwin, Chair of Kilburn Older Voices Exchange (KOVE).
- 10. "We're doing ok, us vulnerable oldies, valuable oldies." By Sue Heiser.

## 11. "Oh, how I miss my singing." By Phyllis

Far from being a great equalizer, the Covid-19 pandemic has revealed some of the deepest inequalities that have often remained hidden in our society. Our members have been writing a weekly newsletter for one another, to keep informed and connected in these challenging times. It has also brought us all closer together as we share our personal experiences of lockdown.

## • E) Our story

An overview of some of the key components of the Ageing Better in Camden partnership

• *F) Video - What is a Warm Welcome and why does it matter to older people?* A video showcasing why a Warm Welcome approach is so important to older people and everyone within our communities.

## 2. Ageing Well Torbay:

• <u>Blog: How working in collaboration during times of crisis has incredible results</u> This blog post shares how the Ageing Well Torbay team have been pooling resources with local organisations and volunteers to support the most vulnerable at a time when people are suddenly reliant on friends, neighbours and phone helplines for the things we take for granted; not just food and medicines but also the company of others.

## TOOLS

### 1. Ageing Better in Camden:

• A) The Warm Welcome approach: a practitioner's guide

This report presents guidance on how to make community groups and activities as welcoming as possible for older people. It is based on the experience and expertise of practitioners (group leaders or teachers, centre managers, outreach workers) who organise or run these groups in Camden and on the experiences of older people who have attended them.

• B) Creating a Warm Welcome to maintain older people's sense of belonging in the context of Covid-19: a practitioner's guide

The heightened risk of isolation for older people observing social distancing, due to Covid19, makes it more important than ever to organise welcoming programmes to support social connection and a sense of belonging. This document is a brief practitioner's guide which shares welcoming approaches used by our partners in their adapted programmes during Covid-19.